

# RINEYVILLE COMMUNITY YOUTH SOCCER LEAGUE



## U8 Coaches Information: Spring 2022

### Rineyville Community Youth Soccer League (RCYSL) Board

<b>President:</b>	Annie Rudick	(502) 501-5031, <a href="mailto:president@rineyvillesoccer.org">president@rineyvillesoccer.org</a>
<b>Vice President:</b>	Deedrick Stiff	(618) 332-9924, <a href="mailto:vice-president@rineyvillesoccer.org">vice-president@rineyvillesoccer.org</a>
<b>Secretary:</b>	Natascha Lowery	(502) 551-3150, tascha18@yahoo.com
<b>Treasurer:</b>	Memory Strickland	(501) 242-2488, <a href="mailto:treasurer@rineyvillesoccer.org">treasurer@rineyvillesoccer.org</a>
<b>Director of Coaches:</b>	Kim Luna	(270) 370-2185, <a href="mailto:coaches@rineyvillesoccer.org">coaches@rineyvillesoccer.org</a>
<b>Director of Officiating:</b>	OPEN	
<b>Scheduler:</b>	Mary Ashburn	(270) 505-5582, <a href="mailto:scheduler@rineyvillesoccer.org">scheduler@rineyvillesoccer.org</a>
<b>PAO/Webmaster:</b>	Bob Ashburn	<a href="mailto:pao@rineyvillesoccer.org">pao@rineyvillesoccer.org</a>
<b>Registrar:</b>	Tim Lambert	(270) 763-3246, <a href="mailto:registrar@rineyvillesoccer.org">registrar@rineyvillesoccer.org</a>
<b>Fundraising:</b>	Amanda Ulam	(843) 475-4481, <a href="mailto:fundraising@rineyvillesoccer.org">fundraising@rineyvillesoccer.org</a>
<b>U4-U8 Director:</b>	Lee Ulam	leeulam@gmail.com
<b>U10-U14 Director:</b>	OPEN	
<b>Concessions Director:</b>	Cesshecka Benson	(270) 206-1527, imshecka@icloud.com
<b>Risk Management:</b>	OPEN	
<b>Member at Large:</b>	OPEN	

**Website:** <http://www.rineyvillesoccer.org>

**Demosphere Login:** <https://my.demosphere.com/sign-in>

**Facebook Page:** 'Rineyville Community Youth Soccer League'

### Park Rules:

No smoking, tobacco use, or vapor products on the park fields. This applies to all; during games and practices. Designated smoking area is the parking lot.

No driving along the gravel path between the soccer fields and baseball fields.

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Be good stewards of the park, clean up after your game and take pride in the park. Treat everyone with respect!

Coach Responsibilities:

Complete the KYSA background check and SafeSport training before the first practice. Ensure the assistant coach and any parent volunteer(s) also complete prior to interacting with the team.

Review the park rules with parents.

Inform your parents of the following suggestions and requirements:

- Shin guards (required)
- Remove all jewelry (required-includes new piercings)
- Cleats (optional, strongly encouraged)
- Soccer ball (optional encouraged) U8 Size 4 ball

Explain Code of Conduct to team and parents.

No yelling, berating, cursing at kids, refs, coaches, or fellow parents and spectators. If they have a problem, ask them to take it offline and it can be discussed with the coach or board members in private after the game or practice.

This is a recreational league. U8 and below do not keep score it is a time to develop players. Move your kids to multiple positions to learn what they are good at and what they enjoy. Each player must play at least half the game.

Parents and spectators must sit on the opposite side of the field from the team, NOT behind the goals. Each team is allowed to have a head coach and one assistant coach. If required a parent volunteer can be utilized in the absence of an assistant coach to help keep kids on the bench under control. Anyone directly interacting with players is required to complete the US Soccer required SafeSport training.

Teach kids soccer rules, team play and sportsmanship.

The fields are shared among all teams. There are limited number of fields and goals; teams must stick to the agreed upon practice times. Coaches are responsible for supplying their own practice outlines.

Practice resources are available online at [www.kysoccer.net](http://www.kysoccer.net)

Game jerseys (home and away) will be given to all players which they are allowed to keep. Black shorts (without pockets encouraged), black socks, cleats, shin guards, and balls must be bought by the parent. There are some cleats and shinguards available from the donated items. Contact Annie Rudick for access to the donated equipment tote.

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At the end of the season, medals will be provided by RCYSL. Distributing them to your team is your responsibility to plan.

Be kind to the referees, many of them are kids themselves and still learning. Always remember you are here to help kids learn the basic skills of soccer.

Don't be afraid to ask questions or ask for help.

U8 is 5 V 5 with goalie, size 4 ball

Scheduling:

Schedules will be posted on the Demosphere app and emailed to the coaches.

Any issues with the schedule should be addressed with Mary Ashburn, Scheduler.

Coaches do not have the ability to cancel a game for weather, this is the responsibility of the head ref or risk management director. If no ref is present for your game, it will be decided between the two head coaches. Rule to go by is – if you see lightning or hear thunder game is delayed for 30 minutes; time restarts upon either occurrence. If the game is going to be delayed for 2x 30 minute periods, game should be cancelled. During the delay, all players must leave the field with parent/guardian to their vehicle or designated storm shelter if available.

Coaches need to notify the scheduler as soon as possible if they will not have enough players to field a team.

We will make every effort to reschedule games if they are cancelled due to weather.

Maintenance:

Each age bracket will be responsible for maintaining the lines on their respected fields. This will be set up on a rotational basis. If a Coach elects to utilize parents to line the field, the Coach is responsible for coordinating for required equipment to do so.

Snacks:

It is suggested that you assign different parents to bring snacks for the team after games. This can be added to your schedule in Demosphere.

Pictures:

Will be conducted on a specific date, with a designated time for each team. Order forms will be provided prior to allow your families the opportunity to review what they want and make the process faster.

If you elect to not take part in the league picture day, you are responsible for coordinating with the photographer on date and time of pictures. If you elect to use a different photographer they must be available for the entire team and provide a reasonable service. Pictures are very important to parents!

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### Fundraising:

The League T-shirt - Parent shirts are the biggest fundraiser for the league. These are shirts that parents can purchase and can have them custom printed with text of their choice. The color of the shirts will be similar to the color of the team jerseys. Shirts will be ordered through Gerald's via an online store this season. The profit from these shirts will go toward field maintenance, supplies and equipment. We encourage you to tell friends and family to support the league and their soccer player by purchasing a shirt.

### Field Locations:

Radcliff – Dawley Park, Dawley Park Dr, Radcliff, KY, 40160

Vine Grove – Optimist Park, Douglas Acres, Vine Grove, KY 40175

Ft Knox – Caruso Sports Complex, 1050 9th Calvary Regiment Ave, Ft Knox, KY 40122

Ft Knox – Warrior Transition Unit Fitness Turf Field, 9th Cavalry Regiment Ave, Fort Knox, KY 40122

Meade Co – Meade County River Front Park, 146 Water St, Brandenburg, KY 40108

Elizabethtown - Mike Carroll Soccer Complex, 217 Peterson Dr. Elizabethtown, KY 42701

Elizabethtown - Elizabethtown Sports Park, 1401 West Park Road, Elizabethtown, KY 42701

Larue County – Abraham Lincoln Elementary, 2101 Lincoln Farm Rd, Hodgenville, KY 42748

### 8 and Under: Laws of the Game – Modified Law 1 – The Field of Play MINI FIELD

Dimensions: The field of play must be rectangular. The length of the touchline must be greater than the length of the goal line.

Length: 105 feet

Width: 75 feet

Field Markings: Distinctive lines not more than (5) inches wide. The field of play is divided into two halves by a halfway line. The center mark is indicated at the midpoint of the halfway line.

Optional: A circle with a radius of twelve (12) feet should be marked around the center mark.

### The Goal Area: Optional:

Length: 15 feet

Width: 12 feet

### The Penalty Area:

Length: 24 feet

Width: 30 feet

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Flagposts: Corner flags are optional. The Corner Arc: Optional.

Goals: Goals must be placed on the center of each goal line. They consist of two upright posts equidistant from the corners and joined at the top by a horizontal crossbar. The recommended distance

between the posts is twelve (12) feet and the distance from the lower edge of the crossbar to the ground is six (6) feet. Goals for this age group may be larger.

Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement. (We use sandbags).

### Law 2 – The Ball

Size four (4). The ball will need to be FIFA Quality.

### Law 3 – The Number of Players

A match is played by two teams, each consisting of not more than five (5) players. With one being the goalkeeper.

-Goalkeepers are allowed to handle ball in penalty area with their hands.

-Goalkeepers are not allowed to punt.

-When a goalkeeper gains possession of the ball, the opposing team must drop back to the center line “Build Out Line” or until the goalkeeper releases the ball, whichever comes first. Goalkeepers are allowed to hold the ball longer than 6 seconds if the opposing team has still not dropped back to Build Out Line. Once the Goalie puts the ball down, it is “live”.

Substitutions: At any stoppage of play and unlimited.

No player is allowed to head a ball, heading a ball results in a penalty. A player who is suspected to have a head injury leaves the field of play for additional evaluation, a substitution can be made in that moment.

Playing time: Each player SHALL play a minimum of 50% of the total playing time. It is the coach’s responsibility to enforce this rule. Teams and matches may be coed. The maximum team roster size is ten (10).

### Law 4 – The Players’ Equipment

Conform to FIFA Laws of the Game. Non-uniform clothing is allowed based on weather conditions, however jersey must be worn on top of additional clothes; hoods must be tucked in for safety reasons. Uniforms must distinguish teams. Shin guards are MANDATORY for both practices and games and must be covered entirely by socks. If needed, teams can be distinguished by scrimmage vests. Goalies will be distinguished by a different color jersey or scrimmage vest.

### Safety

A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewelry; with the exception of a medical alert bracelet, hair accouterments (barrettes and such), cannot be medal or protrude from the head for safety issues).



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### Law 5 – The Referee

There is no need for fully qualified referees to manage U8 games, but referees will be assigned by the league. However, one or both of the coaches could officiate / manage the game if needed. Basic fouls and boundaries should be respected. All infringements should be briefly explained to the players.

### Law 6 – The Other Match Officials

None.

### Law 7 – The Duration of the Match

The match shall be divided into four (4) periods of not more than 12 minutes, based on the energy and motivation of the players. The length of the match should be determined before the match starts by both coaches. There shall be a maximum of a five (5) minute break between each period. The four periods do not have to be of equal duration.

### Law 8 – The Start and Restart of Play

Conform to the FIFA Laws of the Game, with the exception that the defending team is at least five (5) yards from the ball until it is in play. Remember, let them play and do not interfere for technicalities.

### Law 9 – The Ball In and Out of Play

Conform to the FIFA Laws of the Game.

### Law 10 – The Method of Scoring

Conform to the FIFA Laws of the Game.

### Law 11 – Offside

None

### Law 12 – Fouls and Misconduct

Conform to the FIFA Laws of the Game with the exception that all fouls shall result in an indirect free kick.

When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area [if one is being used], the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

The game official must explain ALL infringements to the offending player. No cards shown for misconduct.



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A hand ball infraction occurs when a player handles the ball deliberately. The “hand” includes the entire arm up to the top of the shoulder. Instinctive, self-protective reactions are not penalized at this young age. Accidental contact (ball striking hand or arm) is not an offense and should not be penalized.

### Law 13 – Free Kicks

Conform to the FIFA Laws of the Game with the exception that all free kicks are indirect and all opponents are to be at least five (5) yards from the ball until it is kicked. Deliberate heading is not allowed in U8 games. The ball must be touched by another player prior to crossing the goal line.

### Law 14 – The Penalty Kick

Conform to the FIFA Laws of the Game with the exception that all free kicks are indirect and all opponents are to be at least five (5) yards from the ball until it is kicked. The ball must be touched by another player prior to crossing the goal line.

### Law 15 – The Throw-In

Conform to the FIFA Laws of the Game.

### Law 16 – The Goal Kick

The goal kick shall be taken anywhere along the goal line within five (5) yards of the goal. Opposing players must drop back to Build Out Line until the ball is kicked. The ball must leave the penalty area before being touched by another player if a penalty area is marked.

### Law 17 – The Corner Kick

Conform to the FIFA Laws of the Game with the exception that opponents remain at least five (5) yards from the ball until it is kicked.

### Coaches Box –

Coaches will stay on their respected half of the field.

### Laws of the Game links:

<https://ussoccer.app.box.com/s/xx3byxqgodqtl1h15865/file/296741999141>.

<https://www.ussoccer.com/referees/laws-of-the-game>

[http://www.kysoccer.net/kysoccer\\_administrative/rules/](http://www.kysoccer.net/kysoccer_administrative/rules/)



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### FIRST-TIME COACHES

#### Help! I Volunteered!

Many first-time coaches volunteer or are volunteered to do the job. With these coaching basics and this volunteer coach guide full of many resources from US Youth Soccer Director of Coaching, Sam Snow, you can create a fun, learning soccer environment for your players in training and in games.

#### Interacting with Parents

##### Quick Tips:

- Involve the parents and enlist their support.
- Communicate your philosophy and team goals.
- Having the parents support and reinforce your discipline policies are crucial. Your expectations for player behavior should be clearly stated at the beginning of the season.
- Engage parents in the process of understanding best soccer practices

#### Game Day Management

##### Quick Tips:

##### Making the game more enjoyable for players

- Teach fair tactics.
- During matches, leave the tactical decisions to the players.
- Concentrate on coaching.
- Stay calm.
- Always be positive and be a role model of fair play.
- Set high standards for themselves, the players, the officials and the parents.
- Provide good behavior guidelines to parents.
- Be firm with parents.
- Communicate.
- Enjoy the work. Enjoy the game. Strive to win.

For additional training and resources visit <https://learning.ussoccer.com/>

Online grass roots training classes are available here for each level of play. The cost is \$25, but will be refunded by the RCYSL Board when a coach provides proof of purchase and completion to Tim Lambert, Deedrick Stiff, or Annie Rudick.